

कक्षा - 5 की मासिक कार्यक्रम प्रसारण सारणी

Monthly Program Transmission Schedule of Class - 5

कक्षा - 5 की विषयवार साप्ताहिक कार्यक्रम प्रसारण सारणी

Subject-wise Weekly Program Transmission Schedule of Class - 5

सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बृहस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday	रविवार Sunday
गणित	गणित	पर्यावरण अध्ययन	पर्यावरण अध्ययन	गणित	गणित	शारीरिक शिक्षा
हिन्दी	हिन्दी	हिन्दी	हिन्दी	हिन्दी	हिन्दी	कहानी
Mathematics	Mathematics	EVS	EVS	Mathematics	Mathematics	Physical Education
English	English	English	English	English	Storytelling	Storytelling
ISL	ISL	ISL	ISL	ISL	ISL	ISL

☞ This table refers to the subject-wise weekly program schedule comprising programs of different subjects/themes scheduled to be transmitted on a concerned day as a set of programs and the same is repeated as a program cycle approximately 9 to 10 times a day and the same scheme is followed for the whole month.

☞ For more info, kindly navigate to PM eVIDYA page on the SWAYAM PRABHA web portal or visit the link:

https://www.swayamprabha.gov.in/index.php/program/current_se/27.

☞ The channel also telecasts Live Interactive Sessions with Subject Experts on every Wednesday from 2.00 pm to 3.00 pm. You can also watch these sessions and other interesting videos on the NCERT OFFICIAL YouTube channel by following the link:

<https://www.facebook.com/ncertofficial>.

☞ All the QR-coded video programs telecast on 12 PM eVIDYA TV Channels are also available on the DIKSHA web portal. In case you miss watching any program/episode on TV or otherwise, you can watch these programs on the DIKSHA web portal (<https://diksha.gov.in/>). You can scan the QR code of a program on TV with the help of the DIKSHA mobile app and watch/download the same on your mobile phone.

कक्षा - 5 की मासिक कार्यक्रम प्रसारण सारणी
Monthly Program Transmission Schedule of Class - 5

अक्टूबर 2023
October 2023

विषय Subject	कार्यक्रम का शीर्षक Program Title	माध्यम Medium	प्रसारण समय Telecast Time
रविवार, 01 अक्टूबर 2023 Sunday, 01 October 2023			
General	Energy Saving	Hindi/english	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:01 AM 12:31 PM 03:01 PM 05:31 PM 08:02 PM 10:32 PM
Storytelling	कार्टूनिस्ट सुधीर तैलंग	Hindi	12:02 AM 02:33 AM 05:03 AM 07:33 AM 10:03 AM 12:34 PM 03:04 PM 05:34 PM 08:04 PM 10:35 PM
General	Shashankasana	Hindi/english	12:19 AM 02:49 AM 05:20 AM 07:50 AM 10:20 AM 12:50 PM 03:21 PM 05:51 PM 08:21 PM 10:52 PM
Storytelling	अपनी अपनी चौखट -चंदा का चाँद	Hindi	12:21 AM 02:52 AM 05:22 AM 07:52 AM 10:23 AM 12:53 PM 03:23 PM 05:53 PM 08:24 PM 10:54 PM
Creative Activities Art and Craft	3D Kaleidoscope	Hindi	01:20 AM 03:50 AM 06:21 AM 08:51 AM 11:21 AM 01:51 PM 04:22 PM 06:52 PM 09:22 PM 11:52 PM
Earthquake	Earthquake - What to do when indoors during an earthquake	Hindi/english	01:23 AM 03:54 AM 06:24 AM 08:54 AM 11:24 AM 01:55 PM 04:25 PM 06:55 PM 09:25 PM 11:56 PM
English	The Talkative Barber-I	Hindi/english	01:25 AM 03:55 AM 06:26 AM 08:56 AM 11:26 AM 01:56 PM 04:27 PM 06:57 PM 09:27 PM 11:58 PM



DD Free Dish Channel #27



8800440559



Jio TV



NCERT OFFICIAL



Dish TV Channel #2026

HEALTH EDUCATION	Growing Up Healthy	Hindi	01:38 AM 04:08 AM 06:38 AM 09:09 AM 11:39 AM 02:09 PM 04:39 PM 07:10 PM 09:40 PM
General Awareness	Personal Safety	Hindi/english	01:42 AM 04:12 AM 06:43 AM 09:13 AM 11:43 AM 02:13 PM 04:44 PM 07:14 PM 09:44 PM
Art Education	Beautiful Flower Book	Hindi	01:56 AM 04:27 AM 06:57 AM 09:27 AM 11:57 AM 02:28 PM 04:58 PM 07:28 PM 09:58 PM
Storytelling	Tree Tale - Kadamba	Hindi	02:11 AM 04:41 AM 07:12 AM 09:42 AM 12:12 PM 02:42 PM 05:13 PM 07:43 PM 10:13 PM
EVS	कहानी संपेरो की भाग 1	Hindi/english	02:19 AM 04:50 AM 07:20 AM 09:50 AM 12:20 PM 02:51 PM 05:21 PM 07:51 PM 10:21 PM
सोमवार, 02 अक्टूबर 2023 Monday, 02 October 2023			
Mathematics	पाठ १ -मछली उछली	Hindi	12:00 AM 02:34 AM 05:08 AM 07:42 AM 10:17 AM 12:51 PM 03:25 PM 06:00 PM 08:34 PM 11:08 PM
Hindi	एक माँ की बेबसी	Hindi/english	12:24 AM 02:58 AM 05:32 AM 08:07 AM 10:41 AM 01:15 PM 03:50 PM 06:24 PM 08:58 PM 11:32 PM
General Awareness	Gender Equality English	English	12:48 AM 03:22 AM 05:56 AM 08:30 AM 11:05 AM 01:39 PM 04:13 PM 06:48 PM 09:22 PM 11:56 PM
Earthquake	Earthquake - What to do when outside during an earthquake	Hindi/english	12:55 AM 03:29 AM 06:03 AM 08:38 AM 11:12 AM 01:46 PM 04:21 PM 06:55 PM 09:29 PM
Cultural Heritage	Jaliyanwala Bagh	Hindi	12:57 AM 03:31 AM 06:05 AM 08:39 AM 11:14 AM 01:48 PM 04:22 PM 06:57 PM 09:31 PM
Mathematics	Book: Math-Magic Chapter 10: Tenths and Hundredths Part I	Hindi/english	01:09 AM 03:44 AM 06:18 AM 08:52 AM 11:27 AM 02:01 PM 04:35 PM 07:10 PM 09:44 PM



English	Around the World- Part 1	Hindi/english	01:40 AM 04:14 AM 06:48 AM 09:22 AM 11:57 AM 02:31 PM 05:05 PM 07:40 PM 10:14 PM
EVS	कहानी सँपेरों की भाग 2	Hindi/english	02:11 AM 04:45 AM 07:19 AM 09:54 AM 12:28 PM 03:02 PM 05:37 PM 08:11 PM 10:45 PM
General	ध्यान	Hindi/english	02:17 AM 04:51 AM 07:26 AM 10:00 AM 12:34 PM 03:09 PM 05:43 PM 08:17 PM 10:51 PM
English	The Talkative Barber-I	Hindi/english	02:21 AM 04:55 AM 07:30 AM 10:04 AM 12:38 PM 03:13 PM 05:47 PM 08:21 PM 10:56 PM
मंगलवार, 03 अक्टूबर 2023 Tuesday, 03 October 2023			
Mathematics	पाठ १ -मछली उछली	Hindi	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:33 PM 03:03 PM 05:34 PM 08:05 PM 10:35 PM
Hindi	एक माँ की बेबसी	Hindi/english	12:26 AM 02:57 AM 05:27 AM 07:58 AM 10:29 AM 12:59 PM 03:30 PM 06:01 PM 08:31 PM 11:02 PM
Mathematics	Book: Math-Magic Chapter 10: Tenths and Hundredths Part I	Hindi/english	12:50 AM 03:21 AM 05:51 AM 08:22 AM 10:52 AM 01:23 PM 03:54 PM 06:24 PM 08:55 PM 11:26 PM
General	Nadishodhan Pranayam	Hindi/english	01:20 AM 03:51 AM 06:21 AM 08:52 AM 11:23 AM 01:53 PM 04:24 PM 06:55 PM 09:25 PM 11:56 PM
Storytelling	नटखट चूहा	Hindi	01:24 AM 03:54 AM 06:25 AM 08:55 AM 11:26 AM 01:57 PM 04:27 PM 06:58 PM 09:29 PM 11:59 PM
Storytelling	छोटा कौन बड़ा कौन	Hindi	01:37 AM 04:08 AM 06:38 AM 09:09 AM 11:40 AM 02:10 PM 04:41 PM 07:12 PM 09:42 PM



सामान्य	India-Pavilion-at-COP27-Mission	Hindi/english	01:41 AM 04:12 AM 06:43 AM 09:13 AM 11:44 AM 02:15 PM 04:45 PM 07:16 PM 09:46 PM
Creative Activities Art and Craft	टचिंग स्लेट	Hindi	01:44 AM 04:15 AM 06:46 AM 09:16 AM 11:47 AM 02:17 PM 04:48 PM 07:19 PM 09:49 PM
English	Around the World- Part 1	Hindi/english	01:47 AM 04:18 AM 06:48 AM 09:19 AM 11:49 AM 02:20 PM 04:51 PM 07:21 PM 09:52 PM
EVS	कैसे पहचाना चींटी ने दोस्त को	Hindi/english	02:15 AM 04:46 AM 07:16 AM 09:47 AM 12:17 PM 02:48 PM 05:19 PM 07:49 PM 10:20 PM
बुधवार, 04 अक्टूबर 2023 Wednesday, 04 October 2023			
EVS	पाठ - 15 उसी से ठंडा उसी से गर्म	Hindi/english	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:00 PM 10:30 PM
Hindi	एक माँ की बेबसी	Hindi/english	12:20 AM 02:50 AM 05:20 AM 07:50 AM 10:20 AM 12:50 PM 03:20 PM 05:50 PM 08:20 PM 10:50 PM
EVS	Up You Go	Hindi/english	12:44 AM 03:14 AM 05:44 AM 08:14 AM 10:44 AM 01:14 PM 03:44 PM 06:14 PM 08:44 PM 11:14 PM
General Awareness	व्यक्तिगत सुरक्षा	Hindi/english	01:08 AM 03:38 AM 06:08 AM 08:38 AM 11:08 AM 01:38 PM 04:08 PM 06:38 PM 09:08 PM 11:38 PM
General	zoological-Survey-of-india	Hindi/english	01:25 AM 03:55 AM 06:25 AM 08:55 AM 11:25 AM 01:55 PM 04:25 PM 06:55 PM 09:25 PM 11:55 PM
Earthquake	Earthquake - साकेतिक भाषा - जानिए घर बनाते समय भूकंप से सुरक्षित रखने के लिए क्या कर सकते हैं	Hindi/english	01:28 AM 03:58 AM 06:28 AM 08:58 AM 11:28 AM 01:58 PM 04:28 PM 06:58 PM 09:28 PM 11:58 PM



General Awareness	व्यक्तिगत सुरक्षा	Hindi/english	01:28 AM 03:58 AM 06:28 AM 08:58 AM 11:28 AM 01:58 PM 04:28 PM 06:58 PM 09:28 PM 11:58 PM
English	Around the World- Part 1	Hindi/english	01:45 AM 04:15 AM 06:45 AM 09:15 AM 11:45 AM 02:15 PM 04:45 PM 07:15 PM 09:45 PM
English	The Talkative Barber-I	Hindi/english	02:14 AM 04:44 AM 07:14 AM 09:44 AM 12:14 PM 02:44 PM 05:14 PM 07:44 PM 10:14 PM
बृहस्पतिवार, 05 अक्टूबर 2023 Thursday, 05 October 2023			
EVS	पाठ - 15 उसी से ठंडा उसी से गर्म	Hindi/english	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:32 PM 03:03 PM 05:34 PM 08:04 PM 10:35 PM
Hindi	एक माँ की बेबसी	Hindi/english	12:20 AM 02:51 AM 05:22 AM 07:52 AM 10:23 AM 12:53 PM 03:24 PM 05:54 PM 08:25 PM 10:56 PM
Avalanche	Avalanche – जानिए इस वीडियो द्वारा हिमस्खलन के संकेत	Hindi/english	12:44 AM 03:15 AM 05:45 AM 08:16 AM 10:47 AM 01:17 PM 03:48 PM 06:18 PM 08:49 PM 11:19 PM
Storytelling	बहादुर बिटू	Sign language & hindi	12:46 AM 03:17 AM 05:47 AM 08:18 AM 10:48 AM 01:19 PM 03:49 PM 06:20 PM 08:51 PM 11:21 PM
EVS	Up You Go	Hindi/english	12:55 AM 03:26 AM 05:56 AM 08:27 AM 10:57 AM 01:28 PM 03:59 PM 06:29 PM 09:00 PM 11:30 PM
AAPDA KA SAMNA	Urban Flood-AAPDA KA SAMNA FOR 09-07-2023	Hindi/english	01:19 AM 03:50 AM 06:20 AM 08:51 AM 11:21 AM 01:52 PM 04:23 PM 06:53 PM 09:24 PM 11:54 PM
General Awareness	जरा सोचिए !	Hindi/english	01:47 AM 04:18 AM 06:49 AM 09:19 AM 11:50 AM 02:20 PM 04:51 PM 07:22 PM 09:52 PM



Art Education	पानी का फव्वारा	Hindi	01:52 AM 04:22 AM 06:53 AM 09:23 AM 11:54 AM 02:25 PM 04:55 PM 07:26 PM 09:56 PM
English	Around the World- Part 2	Hindi/english	02:00 AM 04:30 AM 07:01 AM 09:32 AM 12:02 PM 02:33 PM 05:03 PM 07:34 PM 10:04 PM
EVS	कहानी सँपेरों की भाग 1	Hindi/english	02:20 AM 04:50 AM 07:21 AM 09:51 AM 12:22 PM 02:53 PM 05:23 PM 07:54 PM 10:24 PM
शुक्रवार, 06 अक्टूबर 2023 Friday, 06 October 2023			
Mathematics	पाठ २- आकृतियाँ और कोण	Hindi	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:00 PM 10:30 PM
General Awareness	व्यक्तिगत सुरक्षा	Hindi/english	12:46 AM 03:16 AM 05:46 AM 08:16 AM 10:46 AM 01:16 PM 03:46 PM 06:16 PM 08:46 PM 11:16 PM
Creative Activities Art and Craft	बोबिंग बटरफ्लाई	Hindi/english	01:03 AM 03:33 AM 06:03 AM 08:33 AM 11:03 AM 01:33 PM 04:03 PM 06:33 PM 09:03 PM 11:33 PM
Hindi	एक माँ की बेबसी	Hindi/english	01:04 AM 03:34 AM 06:04 AM 08:34 AM 11:04 AM 01:34 PM 04:04 PM 06:34 PM 09:04 PM 11:34 PM
Earthquake	Earthquake - क्या आप सुरक्षित हैं	Hindi/english	01:28 AM 03:58 AM 06:28 AM 08:58 AM 11:28 AM 01:58 PM 04:28 PM 06:58 PM 09:28 PM 11:58 PM
सामान्य	MOTHER EARTH Prakriti Hindi Subtitles	Hindi/english	01:29 AM 03:59 AM 06:29 AM 08:59 AM 11:29 AM 01:59 PM 04:29 PM 06:59 PM 09:29 PM 11:59 PM
Mathematics	Book: Math-Magic Chapter 10: Tenths and Hundredths Part I	Hindi/english	01:31 AM 04:01 AM 06:31 AM 09:01 AM 11:31 AM 02:01 PM 04:31 PM 07:01 PM 09:31 PM



English	Around the World- Part 2	Hindi/english	02:01 AM 04:31 AM 07:01 AM 09:31 AM 12:01 PM 02:31 PM 05:01 PM 07:31 PM 10:01 PM
EVS	कहानी सँपेरों की भाग 1	Hindi/english	02:19 AM 04:49 AM 07:19 AM 09:49 AM 12:19 PM 02:49 PM 05:19 PM 07:49 PM 10:19 PM
शनिवार, 07 अक्टूबर 2023 Saturday, 07 October 2023			
Mathematics	पाठ २- आकृतियाँ और कोण	Hindi	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:01 AM 12:31 PM 03:01 PM 05:32 PM 08:02 PM 10:32 PM
Hindi	एक माँ की बेबसी	Hindi/english	12:46 AM 03:16 AM 05:46 AM 08:17 AM 10:47 AM 01:17 PM 03:48 PM 06:18 PM 08:48 PM 11:19 PM
General	Trikonasana	Hindi/english	01:10 AM 03:40 AM 06:10 AM 08:41 AM 11:11 AM 01:41 PM 04:12 PM 06:42 PM 09:12 PM 11:43 PM
General	Energy Saving	Hindi/english	01:12 AM 03:43 AM 06:13 AM 08:43 AM 11:14 AM 01:44 PM 04:14 PM 06:45 PM 09:15 PM 11:45 PM
Mathematics	Book: Math-Magic Chapter 10: Tenths and Hundredths Part II	Hindi/english	01:14 AM 03:44 AM 06:15 AM 08:45 AM 11:15 AM 01:45 PM 04:16 PM 06:46 PM 09:16 PM 11:47 PM
Flood	Flood - How To Be Prepared For Floods	Hindi/english	01:47 AM 04:17 AM 06:48 AM 09:18 AM 11:48 AM 02:19 PM 04:49 PM 07:19 PM 09:50 PM
General Awareness	व्यक्तिगत सुरक्षा	Hindi/english	01:48 AM 04:18 AM 06:49 AM 09:19 AM 11:49 AM 02:20 PM 04:50 PM 07:20 PM 09:51 PM
Cultural Heritage	A Visit to Cherapunjee	Hindi	02:05 AM 04:35 AM 07:06 AM 09:36 AM 12:06 PM 02:37 PM 05:07 PM 07:37 PM 10:08 PM



EVS	कहानी संपेरो की भाग 1	Hindi/english	02:19 AM 04:50 AM 07:20 AM 09:50 AM 12:21 PM 02:51 PM 05:21 PM 07:52 PM 10:22 PM
रविवार, 08 अक्टूबर 2023 Sunday, 08 October 2023			
सामान्य	Water Saved	Hindi/english	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:00 PM 10:30 PM
Storytelling	कार्टूनिस्ट सुधीर तैलंग	Hindi	12:04 AM 02:34 AM 05:04 AM 07:34 AM 10:04 AM 12:34 PM 03:04 PM 05:34 PM 08:04 PM 10:34 PM
Earthquake	Earthquake - What to do when indoors during an earthquake	Hindi/english	12:35 AM 03:05 AM 05:35 AM 08:05 AM 10:35 AM 01:05 PM 03:35 PM 06:05 PM 08:35 PM 11:05 PM
General	त्रिकोणासन	Hindi/english	12:37 AM 03:07 AM 05:37 AM 08:07 AM 10:37 AM 01:07 PM 03:37 PM 06:07 PM 08:37 PM 11:07 PM
Storytelling	अपनी अपनी चौखट -चंदा का चाँद	Hindi	12:39 AM 03:09 AM 05:39 AM 08:09 AM 10:39 AM 01:09 PM 03:39 PM 06:09 PM 08:39 PM 11:09 PM
HEALTH EDUCATION	Growing Up Healthy	Hindi	01:38 AM 04:08 AM 06:38 AM 09:08 AM 11:38 AM 02:08 PM 04:38 PM 07:08 PM 09:38 PM
General Awareness	Personal Safety	Hindi/english	01:42 AM 04:12 AM 06:42 AM 09:12 AM 11:42 AM 02:12 PM 04:42 PM 07:12 PM 09:42 PM
Art Education	Beautiful Flower Book	Hindi	01:56 AM 04:26 AM 06:56 AM 09:26 AM 11:56 AM 02:26 PM 04:56 PM 07:26 PM 09:56 PM
Creative Activities Art and Craft	टचिंग स्लेट	Hindi	02:11 AM 04:41 AM 07:11 AM 09:41 AM 12:11 PM 02:41 PM 05:11 PM 07:41 PM 10:11 PM



English	The Talkative Barber-II	Hindi/english	02:19 AM 04:49 AM 07:19 AM 09:49 AM 12:19 PM 02:49 PM 05:19 PM 07:49 PM 10:19 PM
सोमवार, 09 अक्टूबर 2023 Monday, 09 October 2023			
Mathematics	पाठ १ -मछली उछली	Hindi	12:00 AM 02:30 AM 05:00 AM 07:31 AM 10:01 AM 12:32 PM 03:02 PM 05:33 PM 08:03 PM 10:34 PM
सामान्य	Single Use Plastic	Hindi/english	12:24 AM 02:54 AM 05:25 AM 07:55 AM 10:26 AM 12:56 PM 03:27 PM 05:57 PM 08:27 PM 10:58 PM
Flood	Flood - What To Do During Floods	Hindi/english	12:25 AM 02:56 AM 05:26 AM 07:57 AM 10:27 AM 12:58 PM 03:28 PM 05:59 PM 08:29 PM 11:00 PM
Hindi	एक दिन की बादशाहत भाग 1	Hindi/english	12:26 AM 02:57 AM 05:27 AM 07:58 AM 10:28 AM 12:59 PM 03:29 PM 06:00 PM 08:30 PM 11:01 PM
Hindi	राख की रस्सी	Hindi	12:48 AM 03:19 AM 05:49 AM 08:19 AM 10:50 AM 01:20 PM 03:51 PM 06:21 PM 08:52 PM 11:22 PM
English	Around the World- Part 2	Hindi/english	01:18 AM 03:49 AM 06:19 AM 08:50 AM 11:20 AM 01:51 PM 04:21 PM 06:51 PM 09:22 PM 11:52 PM
Mathematics	Book: Math-Magic Chapter 10: Tenths and Hundredths Part II	Hindi/english	01:48 AM 04:18 AM 06:49 AM 09:19 AM 11:50 AM 02:20 PM 04:51 PM 07:21 PM 09:52 PM
English	The Talkative Barber-II	Hindi/english	02:19 AM 04:50 AM 07:20 AM 09:51 AM 12:21 PM 02:52 PM 05:22 PM 07:53 PM 10:23 PM
मंगलवार, 10 अक्टूबर 2023 Tuesday, 10 October 2023			
Mathematics	पाठ २- आकृतियाँ और कोण	Hindi	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:32 PM



			03:03 PM 05:33 PM 08:04 PM 10:34 PM
Cold Wave	Coldwave - मजदूर और कामकाजी व्यक्ति शीतलहर के दौरान क्या करें - क्या न करें	Hindi/english	12:46 AM 03:16 AM 05:47 AM 08:17 AM 10:48 AM 01:18 PM 03:49 PM 06:19 PM 08:50 PM 11:20 PM
Hindi	एक दिन की बादशाहत भाग 1	Hindi/english	12:47 AM 03:17 AM 05:48 AM 08:18 AM 10:49 AM 01:19 PM 03:50 PM 06:20 PM 08:51 PM 11:21 PM
Storytelling	टर्म टू भाग 1	Hindi	01:08 AM 03:39 AM 06:09 AM 08:40 AM 11:10 AM 01:41 PM 04:11 PM 06:42 PM 09:12 PM 11:43 PM
Mathematics	Book: Math-Magic Chapter 10: Tenths and Hundredths Part II	Hindi/english	01:31 AM 04:02 AM 06:32 AM 09:03 AM 11:33 AM 02:04 PM 04:34 PM 07:05 PM 09:35 PM
English	Sing a Song of the People	Hindi/english	02:03 AM 04:33 AM 07:04 AM 09:34 AM 12:05 PM 02:35 PM 05:06 PM 07:36 PM 10:07 PM
EVS	कहानी संपेरे की भाग 2	Hindi/english	02:24 AM 04:54 AM 07:25 AM 09:55 AM 12:26 PM 02:56 PM 05:27 PM 07:57 PM 10:28 PM
बुधवार, 11 अक्टूबर 2023 Wednesday, 11 October 2023			
EVS	पाठ - 16 कौन करेगा यह काम?	Hindi/english	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:01 PM 05:31 PM 08:01 PM 10:31 PM
Hindi	एक दिन की बादशाहत भाग 1	Hindi/english	12:25 AM 02:55 AM 05:26 AM 07:56 AM 10:26 AM 12:56 PM 03:26 PM 05:56 PM 08:27 PM 10:57 PM
General	MOTHER EARTH Prakriti English Subtitles	Hindi/english	12:47 AM 03:17 AM 05:47 AM 08:17 AM 10:47 AM 01:18 PM 03:48 PM 06:18 PM 08:48 PM 11:18 PM
General	Beti hindustan ki (bati bachao beti padhao)	Hindi/english	12:56 AM 03:26 AM 05:56 AM 08:26 AM 10:56 AM 01:27 PM



			03:57 PM 06:27 PM 08:57 PM 11:27 PM
Flood	Flood - बाढ़ के दौरान पशुओं को कैसे रखें सुरक्षित	Hindi/english	01:06 AM 03:36 AM 06:06 AM 08:36 AM 11:06 AM 01:36 PM 04:07 PM 06:37 PM 09:07 PM 11:37 PM
Creative Activities Art and Craft	ऑरिगामी (कागज़ कला) 4	Hindi/english	01:07 AM 03:37 AM 06:07 AM 08:37 AM 11:08 AM 01:38 PM 04:08 PM 06:38 PM 09:08 PM 11:38 PM
EVS	Walls tell Stories Part 1	Hindi/english	01:24 AM 03:54 AM 06:24 AM 08:54 AM 11:24 AM 01:54 PM 04:25 PM 06:55 PM 09:25 PM 11:55 PM
English	Sing a Song of the People	Hindi/english	01:51 AM 04:21 AM 06:51 AM 09:21 AM 11:51 AM 02:22 PM 04:52 PM 07:22 PM 09:52 PM
EVS	कहानी संपेरो की भाग 1	Hindi/english	02:12 AM 04:42 AM 07:12 AM 09:42 AM 12:12 PM 02:43 PM 05:13 PM 07:43 PM 10:13 PM
बृहस्पतिवार, 12 अक्टूबर 2023 Thursday, 12 October 2023			
EVS	पाठ - 16 कौन करेगा यह काम?	Hindi/english	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:32 PM 03:03 PM 05:33 PM 08:04 PM 10:34 PM
Art Education	ओरिगामी-६	Hindi	12:25 AM 02:56 AM 05:26 AM 07:57 AM 10:27 AM 12:58 PM 03:28 PM 05:59 PM 08:29 PM 11:00 PM
Hindi	एक दिन की बादशाहत भाग 1	Hindi/english	12:41 AM 03:11 AM 05:42 AM 08:12 AM 10:43 AM 01:14 PM 03:44 PM 06:15 PM 08:45 PM 11:16 PM
EVS	खादी	Hindi	01:02 AM 03:33 AM 06:04 AM 08:34 AM 11:05 AM 01:35 PM 04:06 PM 06:36 PM 09:07 PM 11:37 PM



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सामान्य	Healthy Lifestyle Adopted	Hindi/english	01:11 AM 03:42 AM 06:12 AM 08:43 AM 11:13 AM 01:44 PM 04:14 PM 06:45 PM 09:15 PM 11:46 PM
General Awareness	अटल टिकरिंग लैब	Hindi/english	01:18 AM 03:49 AM 06:19 AM 08:50 AM 11:21 AM 01:51 PM 04:22 PM 06:52 PM 09:23 PM 11:53 PM
EVS	Walls tell Stories Part 1	Hindi/english	01:20 AM 03:50 AM 06:21 AM 08:51 AM 11:22 AM 01:52 PM 04:23 PM 06:53 PM 09:24 PM 11:54 PM
English	Sing a Song of the People	Hindi/english	01:47 AM 04:17 AM 06:48 AM 09:18 AM 11:49 AM 02:19 PM 04:50 PM 07:20 PM 09:51 PM
EVS	कैसे पहचाना चींटी ने दोस्त को	Hindi/english	02:14 AM 04:44 AM 07:15 AM 09:45 AM 12:16 PM 02:46 PM 05:17 PM 07:47 PM 10:18 PM
शुक्रवार, 13 अक्टूबर 2023 Friday, 13 October 2023			
Mathematics	पाठ १ -मछली उछली	Hindi	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:00 PM 10:30 PM
General	Bhadrasana	Hindi/english	12:24 AM 02:54 AM 05:24 AM 07:54 AM 10:24 AM 12:54 PM 03:24 PM 05:54 PM 08:24 PM 10:54 PM
General Awareness	अटल टिकरिंग लैब	Hindi/english	12:26 AM 02:56 AM 05:26 AM 07:56 AM 10:26 AM 12:56 PM 03:26 PM 05:56 PM 08:27 PM 10:57 PM
General	Introduction to MISSION LIFE	Hindi/english	12:27 AM 02:57 AM 05:27 AM 07:57 AM 10:27 AM 12:57 PM 03:28 PM 05:58 PM 08:28 PM 10:58 PM
General	नाड़ीशोधन प्राणायाम	Hindi/english	12:30 AM 03:00 AM 05:30 AM 08:00 AM 10:30 AM 01:00 PM



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			03:30 PM 06:00 PM 08:30 PM 11:00 PM
Creative Activities Art and Craft	Ammonia Fountain	English	12:40 AM 03:10 AM 05:40 AM 08:10 AM 10:40 AM 01:10 PM 03:40 PM 06:10 PM 08:40 PM 11:10 PM
Hindi	एक दिन की बादशाहत भाग 1	Hindi/english	12:42 AM 03:12 AM 05:42 AM 08:12 AM 10:42 AM 01:12 PM 03:42 PM 06:12 PM 08:42 PM 11:12 PM
HEALTH EDUCATION	पोषण, स्वास्थ्य और स्वच्छता	Hindi	01:03 AM 03:33 AM 06:03 AM 08:33 AM 11:04 AM 01:34 PM 04:04 PM 06:34 PM 09:04 PM 11:34 PM
General Awareness	अटल टिकरिंग लैब	Hindi/english	01:10 AM 03:40 AM 06:10 AM 08:40 AM 11:10 AM 01:40 PM 04:10 PM 06:40 PM 09:10 PM 11:41 PM
Mathematics	Book: Math-Magic Chapter 10: Tenths and Hundredths Part III	Hindi/english	01:11 AM 03:41 AM 06:11 AM 08:41 AM 11:11 AM 01:41 PM 04:11 PM 06:41 PM 09:12 PM 11:42 PM
English	The Talkative Barber-II	Hindi/english	01:36 AM 04:06 AM 06:36 AM 09:06 AM 11:36 AM 02:06 PM 04:36 PM 07:06 PM 09:36 PM
English	Malu Bhalu	English	01:46 AM 04:16 AM 06:46 AM 09:16 AM 11:46 AM 02:16 PM 04:47 PM 07:17 PM 09:47 PM
EVS	Fabric	Sign language & hindi	02:20 AM 04:51 AM 07:21 AM 09:51 AM 12:21 PM 02:51 PM 05:21 PM 07:51 PM 10:21 PM
शनिवार, 14 अक्टूबर 2023 Saturday, 14 October 2023			
Mathematics	पाठ २- आकृतियाँ और कोण	Hindi	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:01 PM 10:31 PM
Hindi	एक दिन की बादशाहत भाग 1	Hindi/english	12:46 AM 03:16 AM 05:46 AM 08:16 AM 10:46 AM 01:17 PM

			03:47 PM 06:17 PM 08:47 PM 11:17 PM
General	Trikonasana	Hindi/english	01:07 AM 03:38 AM 06:08 AM 08:38 AM 11:08 AM 01:38 PM 04:08 PM 06:38 PM 09:08 PM 11:39 PM
सामान्य	Sustainable Food Systems Adopted	Hindi/english	01:17 AM 03:47 AM 06:17 AM 08:47 AM 11:17 AM 01:48 PM 04:18 PM 06:48 PM 09:18 PM 11:48 PM
Creative Activities Art and Craft	आओ खेलौने बनाएं: पानी का फव्वारा	Hindi	01:17 AM 03:48 AM 06:18 AM 08:48 AM 11:18 AM 01:48 PM 04:18 PM 06:48 PM 09:18 PM 11:49 PM
Mathematics	Book: Math-Magic Chapter 10: Tenths and Hundredths Part III	Hindi/english	01:25 AM 03:56 AM 06:26 AM 08:56 AM 11:26 AM 01:56 PM 04:26 PM 06:56 PM 09:27 PM 11:57 PM
HEALTH EDUCATION	कोविड-19	Hindi/english	01:50 AM 04:20 AM 06:50 AM 09:20 AM 11:51 AM 02:21 PM 04:51 PM 07:21 PM 09:51 PM
Creative Activities Art and Craft	Angle Fish	English	01:51 AM 04:21 AM 06:51 AM 09:21 AM 11:51 AM 02:21 PM 04:52 PM 07:22 PM 09:52 PM
Cultural Heritage	सांझी कला	Hindi/english	01:54 AM 04:25 AM 06:55 AM 09:25 AM 11:55 AM 02:25 PM 04:55 PM 07:25 PM 09:56 PM
HEALTH EDUCATION	पोषण, स्वास्थ्य और स्वच्छता	Hindi	02:08 AM 04:38 AM 07:08 AM 09:38 AM 12:08 PM 02:38 PM 05:09 PM 07:39 PM 10:09 PM
English	Gulliver's Travels-I	Hindi/english	02:18 AM 04:48 AM 07:19 AM 09:49 AM 12:19 PM 02:49 PM 05:19 PM 07:49 PM 10:19 PM
रविवार, 15 अक्टूबर 2023 Sunday, 15 October 2023			
सामान्य	India-Pavilion-at-COP27- Mission	Hindi/english	12:00 AM 02:30 AM 05:00 AM 07:31 AM 10:01 AM 12:32 PM 03:02 PM 05:33 PM 08:03 PM 10:34 PM



Storytelling	कार्टूनिस्ट सुधीर तैलंग	Hindi	12:04 AM 02:34 AM 05:05 AM 07:35 AM 10:06 AM 12:36 PM 03:07 PM 05:37 PM 08:08 PM 10:38 PM
Flood	Floods - बाढ़ के दौरान क्या किया जाना चाहिए	Hindi/english	12:20 AM 02:51 AM 05:21 AM 07:52 AM 10:22 AM 12:53 PM 03:23 PM 05:54 PM 08:24 PM 10:55 PM
Storytelling	अपनी अपनी चौखट -चंदा का चाँद	Hindi	12:35 AM 03:06 AM 05:36 AM 08:07 AM 10:37 AM 01:08 PM 03:38 PM 06:09 PM 08:39 PM 11:09 PM
HEALTH EDUCATION	Growing Up Healthy	Hindi	01:34 AM 04:04 AM 06:35 AM 09:05 AM 11:36 AM 02:06 PM 04:37 PM 07:07 PM 09:38 PM
Creative Activities Art and Craft	Ammonia Fountain	English	01:38 AM 04:08 AM 06:39 AM 09:09 AM 11:40 AM 02:10 PM 04:41 PM 07:11 PM 09:42 PM
General Awareness	Personal Safety	Hindi/english	01:40 AM 04:10 AM 06:41 AM 09:11 AM 11:42 AM 02:12 PM 04:43 PM 07:13 PM 09:44 PM
Art Education	Beautiful Flower Book	Hindi	01:54 AM 04:25 AM 06:55 AM 09:25 AM 11:56 AM 02:26 PM 04:57 PM 07:27 PM 09:58 PM
EVS	कहानी सँपेरों की भाग 1	Hindi/english	02:20 AM 04:50 AM 07:20 AM 09:51 AM 12:21 PM 02:52 PM 05:22 PM 07:53 PM 10:23 PM
सोमवार, 16 अक्टूबर 2023 Monday, 16 October 2023			
Mathematics	पाठ १ -मछली उछली	Hindi	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:01 AM 12:31 PM 03:01 PM 05:31 PM 08:02 PM 10:32 PM
Flood	Urban Flood - How To Deal With The Aftermath Of Urban Floods	Hindi/english	12:24 AM 02:54 AM 05:24 AM 07:54 AM 10:25 AM 12:55 PM 03:25 PM 05:55 PM 08:26 PM 10:56 PM
Hindi	एक दिन की बादशाहत भाग 2	Hindi/english	12:25 AM 02:55 AM 05:26 AM 07:56 AM 10:26 AM 12:56 PM



			03:27 PM 05:57 PM 08:27 PM 10:57 PM
General	zoological-Survey-of-india	Hindi/english	12:51 AM 03:21 AM 05:51 AM 08:22 AM 10:52 AM 01:22 PM 03:52 PM 06:23 PM 08:53 PM 11:23 PM
Cultural Heritage	सांझी कला	Hindi/english	12:53 AM 03:24 AM 05:54 AM 08:24 AM 10:54 AM 01:25 PM 03:55 PM 06:25 PM 08:55 PM 11:26 PM
Mathematics	Book: Math-Magic Chapter 10: Tenths and Hundredths Part III	Hindi/english	01:20 AM 03:51 AM 06:21 AM 08:51 AM 11:21 AM 01:52 PM 04:22 PM 06:52 PM 09:22 PM 11:53 PM
English	Malu Bhalu	English	01:45 AM 04:15 AM 06:46 AM 09:16 AM 11:46 AM 02:16 PM 04:47 PM 07:17 PM 09:47 PM
EVS	कितनी देर सांस ले सकते है हम	Hindi	02:16 AM 04:46 AM 07:16 AM 09:46 AM 12:17 PM 02:47 PM 05:17 PM 07:47 PM 10:18 PM
EVS	कहानी सँपेरों की भाग 2	Hindi/english	02:23 AM 04:54 AM 07:24 AM 09:54 AM 12:24 PM 02:55 PM 05:25 PM 07:55 PM 10:25 PM
मंगलवार, 17 अक्टूबर 2023 Tuesday, 17 October 2023			
Mathematics	पाठ २- आकृतियाँ और कोण	Hindi	12:00 AM 02:30 AM 05:00 AM 07:31 AM 10:01 AM 12:31 PM 03:02 PM 05:32 PM 08:02 PM 10:33 PM
Hindi	एक दिन की बादशाहत भाग 2	Hindi/english	12:46 AM 03:16 AM 05:47 AM 08:17 AM 10:47 AM 01:18 PM 03:48 PM 06:18 PM 08:49 PM 11:19 PM
Mathematics	Book: Math-Magic Chapter 10: Tenths and Hundredths Part I	Hindi/english	01:12 AM 03:42 AM 06:12 AM 08:43 AM 11:13 AM 01:43 PM 04:14 PM 06:44 PM 09:14 PM 11:45 PM



Flood	Urban Flood - शहरी बाढ़ के परिणाम से कैसे निपटें	Hindi/english	01:42 AM 04:12 AM 06:43 AM 09:13 AM 11:43 AM 02:14 PM 04:44 PM 07:14 PM 09:45 PM
General	Dhyana	Hindi/english	01:43 AM 04:13 AM 06:44 AM 09:14 AM 11:44 AM 02:15 PM 04:45 PM 07:15 PM 09:46 PM
English	Malu Bhalu	English	01:47 AM 04:18 AM 06:48 AM 09:18 AM 11:49 AM 02:19 PM 04:49 PM 07:20 PM 09:50 PM
Hindi	खिलौनेवाला	Hindi/english	02:18 AM 04:48 AM 07:18 AM 09:49 AM 12:19 PM 02:49 PM 05:20 PM 07:50 PM 10:20 PM
बुधवार, 18 अक्टूबर 2023 Wednesday, 18 October 2023			
EVS	पाठ - 15 उसी से ठंडा उसी से गर्म	Hindi/english	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:32 PM 03:03 PM 05:33 PM 08:04 PM 10:34 PM
Hindi	ईदगाह भाग 1	Hindi/english	12:20 AM 02:51 AM 05:21 AM 07:52 AM 10:23 AM 12:53 PM 03:24 PM 05:54 PM 08:25 PM 10:55 PM
Hindi	एक दिन की बादशाहत भाग 2	Hindi/english	12:35 AM 03:06 AM 05:36 AM 08:07 AM 10:37 AM 01:08 PM 03:38 PM 06:09 PM 08:39 PM 11:10 PM
EVS	Walls tell Stories Part 2	Hindi/english	01:01 AM 03:32 AM 06:02 AM 08:33 AM 11:03 AM 01:34 PM 04:04 PM 06:35 PM 09:05 PM 11:36 PM
Cold Wave	Coldwave - How can senior citizens protect themselves from a cold-wave	Hindi/english	01:32 AM 04:03 AM 06:33 AM 09:04 AM 11:34 AM 02:05 PM 04:35 PM 07:06 PM 09:36 PM
Landslide	Landslide - क्या आपको पता है भूस्खलन के खतरे से कैसे बचा जाए	Hindi/english	01:33 AM 04:03 AM 06:34 AM 09:04 AM 11:35 AM 02:06 PM 04:36 PM 07:07 PM 09:37 PM
Storytelling	मीना- १० टेक केयर ऑफ़ गर्ल	Hindi	01:34 AM 04:05 AM 06:35 AM 09:06 AM 11:36 AM 02:07 PM 04:38 PM 07:08 PM 09:39 PM



General	ध्यान	Hindi/english	01:46 AM 04:17 AM 06:48 AM 09:18 AM 11:49 AM 02:19 PM 04:50 PM 07:20 PM 09:51 PM
English	Who will be Ningthou? Part I	English	01:51 AM 04:21 AM 06:52 AM 09:22 AM 11:53 AM 02:23 PM 04:54 PM 07:24 PM 09:55 PM
English	Gulliver's Travels-I	Hindi/english	02:11 AM 04:41 AM 07:12 AM 09:42 AM 12:13 PM 02:44 PM 05:14 PM 07:45 PM 10:15 PM
General Awareness	इन्टरनेट और सोशल मीडिया के सुरक्षित उपयोग	Hindi	02:24 AM 04:54 AM 07:25 AM 09:56 AM 12:26 PM 02:57 PM 05:27 PM 07:58 PM 10:28 PM
बृहस्पतिवार, 19 अक्टूबर 2023 Thursday, 19 October 2023			
EVS	पाठ - 16 कौन करेगा यह काम?	Hindi/english	12:00 AM 02:30 AM 05:00 AM 07:31 AM 10:01 AM 12:31 PM 03:02 PM 05:32 PM 08:02 PM 10:33 PM
Hindi	एक दिन की बादशाहत भाग 2	Hindi/english	12:25 AM 02:56 AM 05:26 AM 07:56 AM 10:27 AM 12:57 PM 03:27 PM 05:58 PM 08:28 PM 10:58 PM
Creative Activities Art and Craft	स्पॉट्स ऑन सन	Hindi	12:51 AM 03:22 AM 05:52 AM 08:22 AM 10:53 AM 01:23 PM 03:53 PM 06:24 PM 08:54 PM 11:24 PM
EVS	Walls tell Stories Part 2	Hindi/english	12:53 AM 03:23 AM 05:53 AM 08:24 AM 10:54 AM 01:24 PM 03:55 PM 06:25 PM 08:56 PM 11:26 PM
English	Who will be Ningthou? Part I	English	01:24 AM 03:54 AM 06:24 AM 08:55 AM 11:25 AM 01:55 PM 04:26 PM 06:56 PM 09:27 PM 11:57 PM
AAPDA KA SAMNA	Urban Flood-AAPDA KA SAMNA FOR 09-07-2023	Hindi/english	01:44 AM 04:14 AM 06:45 AM 09:15 AM 11:45 AM 02:16 PM 04:46 PM 07:17 PM 09:47 PM



EVS	कैसे पहचाना चींटी ने दोस्त को	Hindi/english	02:14 AM 04:44 AM 07:15 AM 09:45 AM 12:15 PM 02:46 PM 05:16 PM 07:46 PM 10:17 PM
शुक्रवार, 20 अक्टूबर 2023 Friday, 20 October 2023			
Mathematics	पाठ १ -मछली उछली	Hindi	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:33 PM 03:03 PM 05:34 PM 08:04 PM 10:35 PM
General	Bhadrasana	Hindi/english	12:24 AM 02:54 AM 05:25 AM 07:56 AM 10:26 AM 12:57 PM 03:27 PM 05:58 PM 08:29 PM 10:59 PM
General	E-Waste	Hindi/english	12:26 AM 02:57 AM 05:27 AM 07:58 AM 10:28 AM 12:59 PM 03:30 PM 06:00 PM 08:31 PM 11:01 PM
Thunderstorm and Lighting	Lightning - Signs & Symptoms Of Lightning Injuries	Hindi/english	12:28 AM 02:58 AM 05:29 AM 07:59 AM 10:30 AM 01:01 PM 03:31 PM 06:02 PM 08:32 PM 11:03 PM
General	नाड़ीशोधन प्राणायाम	Hindi/english	12:28 AM 02:59 AM 05:30 AM 08:00 AM 10:31 AM 01:01 PM 03:32 PM 06:03 PM 08:33 PM 11:04 PM
Creative Activities Art and Craft	Rocking Mouse Moving Rat	Hindi	12:32 AM 03:02 AM 05:33 AM 08:04 AM 10:34 AM 01:05 PM 03:35 PM 06:06 PM 08:37 PM 11:07 PM
Creative Activities Art and Craft	Kaleidoscope	Hindi	12:35 AM 03:05 AM 05:36 AM 08:06 AM 10:37 AM 01:08 PM 03:38 PM 06:09 PM 08:39 PM 11:10 PM
Hindi	एक दिन की बादशाहत भाग 2	Hindi/english	12:41 AM 03:11 AM 05:42 AM 08:13 AM 10:43 AM 01:14 PM 03:44 PM 06:15 PM 08:46 PM 11:16 PM
Storytelling	दान का हिसाब	Hindi	01:07 AM 03:37 AM 06:08 AM 08:39 AM 11:09 AM 01:40 PM



			04:10 PM 06:41 PM 09:12 PM 11:42 PM
Mathematics	Book: Math-Magic Chapter 10: Tenths and Hundredths Part II	Hindi/english	01:23 AM 03:54 AM 06:24 AM 08:55 AM 11:26 AM 01:56 PM 04:27 PM 06:57 PM 09:28 PM 11:59 PM
English	Gulliver's Travels-II	Hindi/english	01:55 AM 04:25 AM 06:56 AM 09:27 AM 11:57 AM 02:28 PM 04:58 PM 07:29 PM 10:00 PM
English	Who will be Ningthou? Part I	English	02:03 AM 04:34 AM 07:04 AM 09:35 AM 12:06 PM 02:36 PM 05:07 PM 07:37 PM 10:08 PM
शनिवार, 21 अक्टूबर 2023 Saturday, 21 October 2023			
General	E-Waste	Hindi/english	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:01 AM 12:31 PM 03:01 PM 05:32 PM 08:02 PM 10:32 PM
Mathematics	पाठ २- आकृतियाँ और कोण	Hindi	12:02 AM 02:33 AM 05:03 AM 07:33 AM 10:04 AM 12:34 PM 03:04 PM 05:35 PM 08:05 PM 10:35 PM
Landslide	Landslide - भूस्खलन से बचने के लिए भूवैज्ञानिक से जानिए बचाव के तरीके	Hindi/english	12:48 AM 03:18 AM 05:48 AM 08:18 AM 10:49 AM 01:19 PM 03:49 PM 06:20 PM 08:50 PM 11:20 PM
Hindi	एक दिन की बादशाहत भाग 2	Hindi/english	12:48 AM 03:18 AM 05:49 AM 08:19 AM 10:49 AM 01:20 PM 03:50 PM 06:20 PM 08:51 PM 11:21 PM
General	Trikonasana	Hindi/english	01:14 AM 03:44 AM 06:15 AM 08:45 AM 11:15 AM 01:46 PM 04:16 PM 06:46 PM 09:17 PM 11:47 PM
Storytelling	नमक का व्यापारी और उसका गधा	Hindi	01:24 AM 03:54 AM 06:24 AM 08:54 AM 11:25 AM 01:55 PM 04:25 PM 06:56 PM 09:26 PM 11:56 PM



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Mathematics	Book: Math-Magic Chapter 10: Tenths and Hundredths Part III	Hindi/english	01:32 AM 04:02 AM 06:33 AM 09:03 AM 11:33 AM 02:03 PM 04:34 PM 07:04 PM 09:34 PM
General Awareness	Swayam Prabha	Hindi	01:56 AM 04:27 AM 06:57 AM 09:27 AM 11:58 AM 02:28 PM 04:58 PM 07:29 PM 09:59 PM
General	Introduction to MISSION LIFE	Hindi/english	01:57 AM 04:28 AM 06:58 AM 09:28 AM 11:59 AM 02:29 PM 04:59 PM 07:30 PM 10:00 PM
Creative Activities Art and Craft	Kaleidoscope	Hindi	02:00 AM 04:30 AM 07:01 AM 09:31 AM 12:01 PM 02:31 PM 05:02 PM 07:32 PM 10:02 PM
HEALTH EDUCATION	पोषण, स्वास्थ्य और स्वच्छता	Hindi	02:06 AM 04:36 AM 07:07 AM 09:37 AM 12:07 PM 02:38 PM 05:08 PM 07:38 PM 10:09 PM
English	The Talkative Barber-I	Hindi/english	02:17 AM 04:47 AM 07:18 AM 09:48 AM 12:18 PM 02:49 PM 05:19 PM 07:49 PM 10:20 PM
रविवार, 22 अक्टूबर 2023 Sunday, 22 October 2023			
HEALTH EDUCATION	कोविड-19 हम सब मिलकर कोविड-19 से लड़ सकते हैं	Hindi	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:00 PM 10:30 PM
General	E-Waste	Hindi/english	12:02 AM 02:32 AM 05:02 AM 07:32 AM 10:02 AM 12:32 PM 03:02 PM 05:32 PM 08:02 PM 10:32 PM
Storytelling	कार्टूनिस्ट सुधीर तैलंग	Hindi	12:06 AM 02:36 AM 05:06 AM 07:36 AM 10:06 AM 12:36 PM 03:06 PM 05:36 PM 08:06 PM 10:36 PM
General	त्रिकोणासन	Hindi/english	12:36 AM 03:06 AM 05:36 AM 08:06 AM 10:37 AM 01:07 PM 03:37 PM 06:07 PM 08:37 PM 11:07 PM
Storytelling	अपनी अपनी चौखट -चंदा का चाँद	Hindi	12:39 AM 03:09 AM 05:39 AM 08:09 AM 10:39 AM 01:09 PM



			03:39 PM 06:09 PM 08:39 PM 11:10 PM
General	उष्द्रासन	Hindi/english	01:37 AM 04:07 AM 06:38 AM 09:08 AM 11:38 AM 02:08 PM 04:38 PM 07:08 PM 09:38 PM
HEALTH EDUCATION	Growing Up Healthy	Hindi	01:40 AM 04:10 AM 06:41 AM 09:11 AM 11:41 AM 02:11 PM 04:41 PM 07:11 PM 09:41 PM
General Awareness	Personal Safety	Hindi/english	01:45 AM 04:15 AM 06:45 AM 09:15 AM 11:45 AM 02:15 PM 04:45 PM 07:15 PM 09:45 PM
Art Education	Beautiful Flower Book	Hindi	01:59 AM 04:29 AM 06:59 AM 09:29 AM 11:59 AM 02:29 PM 04:59 PM 07:29 PM 09:59 PM
EVS	कहानी सँपेरों की भाग 1	Hindi/english	02:19 AM 04:49 AM 07:19 AM 09:49 AM 12:19 PM 02:49 PM 05:20 PM 07:50 PM 10:20 PM
सोमवार, 23 अक्टूबर 2023 Monday, 23 October 2023			
General	भुजंगासन	Hindi/english	12:00 AM 02:30 AM 05:00 AM 07:31 AM 10:01 AM 12:31 PM 03:02 PM 05:32 PM 08:03 PM 10:33 PM
Mathematics	पाठ १ -मछली उछली	Hindi	12:03 AM 02:34 AM 05:04 AM 07:34 AM 10:05 AM 12:35 PM 03:06 PM 05:36 PM 08:06 PM 10:37 PM
Creative Activities Art and Craft	How Water Is Raised Inside The Glass	English	12:26 AM 02:57 AM 05:27 AM 07:57 AM 10:28 AM 12:58 PM 03:29 PM 05:59 PM 08:29 PM 11:00 PM
Hindi	एक माँ की बेबसी	Hindi/english	12:35 AM 03:06 AM 05:36 AM 08:06 AM 10:37 AM 01:07 PM 03:37 PM 06:08 PM 08:38 PM 11:09 PM
Cultural Heritage	सांझी कला	Hindi/english	12:59 AM 03:29 AM 06:00 AM 08:30 AM 11:01 AM 01:31 PM 04:01 PM 06:32 PM 09:02 PM 11:32 PM



Mathematics	Book: Math-Magic Chapter 10: Tenths and Hundredths Part I	Hindi/english	01:26 AM 03:56 AM 06:27 AM 08:57 AM 11:28 AM 01:58 PM 04:28 PM 06:59 PM 09:29 PM 11:59 PM
English	Around the World- Part 1	Hindi/english	01:56 AM 04:27 AM 06:57 AM 09:27 AM 11:58 AM 02:28 PM 04:59 PM 07:29 PM 09:59 PM
EVS	कहानी सँपेरों की भाग 2	Hindi/english	02:24 AM 04:54 AM 07:24 AM 09:55 AM 12:25 PM 02:55 PM 05:26 PM 07:56 PM 10:27 PM
मंगलवार, 24 अक्टूबर 2023 Tuesday, 24 October 2023			
Mathematics	पाठ २- आकृतियाँ और कोण	Hindi	12:00 AM 02:30 AM 05:00 AM 07:31 AM 10:01 AM 12:32 PM 03:02 PM 05:33 PM 08:03 PM 10:34 PM
Hindi	एक माँ की बेबसी	Hindi/english	12:46 AM 03:16 AM 05:47 AM 08:17 AM 10:48 AM 01:18 PM 03:49 PM 06:19 PM 08:50 PM 11:20 PM
Mathematics	Book: Math-Magic Chapter 10: Tenths and Hundredths Part II	Hindi/english	01:10 AM 03:40 AM 06:11 AM 08:41 AM 11:12 AM 01:42 PM 04:13 PM 06:43 PM 09:14 PM 11:44 PM
Storytelling	मीना- १२ इ एम मीना	Hindi	01:41 AM 04:12 AM 06:42 AM 09:13 AM 11:43 AM 02:14 PM 04:44 PM 07:15 PM 09:45 PM
English	Around the World- Part 2	Hindi/english	01:57 AM 04:27 AM 06:58 AM 09:28 AM 11:59 AM 02:29 PM 04:59 PM 07:30 PM 10:00 PM
EVS	कैसे पहचाना चींटी ने दोस्त को	Hindi/english	02:15 AM 04:45 AM 07:16 AM 09:46 AM 12:17 PM 02:47 PM 05:18 PM 07:48 PM 10:19 PM
बुधवार, 25 अक्टूबर 2023 Wednesday, 25 October 2023			
EVS	पाठ - 15 उसी से ठंडा उसी से गर्म	Hindi/english	12:00 AM 02:30 AM 05:00 AM 07:31 AM 10:01 AM 12:32 PM 03:02 PM 05:33 PM 08:03 PM 10:34 PM



Hindi	एक दिन की बादशाहत भाग 1	Hindi/english	12:20 AM 02:51 AM 05:21 AM 07:52 AM 10:22 AM 12:53 PM 03:23 PM 05:54 PM 08:24 PM 10:54 PM
EVS	Up You Go	Hindi/english	12:42 AM 03:12 AM 05:43 AM 08:13 AM 10:44 AM 01:14 PM 03:45 PM 06:15 PM 08:46 PM 11:16 PM
सामान्य	Water Saved	Hindi/english	01:06 AM 03:36 AM 06:07 AM 08:37 AM 11:08 AM 01:38 PM 04:09 PM 06:39 PM 09:10 PM 11:40 PM
Music & Dance	Kala Utsav – 2019 Music – Vocal Competition: Boys: Kerala	Hindi	01:07 AM 03:38 AM 06:08 AM 08:39 AM 11:09 AM 01:39 PM 04:10 PM 06:40 PM 09:11 PM 11:41 PM
Storytelling	मीना- १० टेक केयर ऑफ़ गर्ल	Hindi	01:13 AM 03:43 AM 06:14 AM 08:44 AM 11:15 AM 01:45 PM 04:15 PM 06:46 PM 09:16 PM 11:47 PM
Storytelling	छोटा कौन बड़ा कौन	Hindi	01:25 AM 03:55 AM 06:26 AM 08:56 AM 11:27 AM 01:57 PM 04:28 PM 06:58 PM 09:29 PM 11:59 PM
English	Sing a Song of the People	Hindi/english	01:29 AM 04:00 AM 06:30 AM 09:00 AM 11:31 AM 02:01 PM 04:32 PM 07:02 PM 09:33 PM
English	The Talkative Barber-II	Hindi/english	01:50 AM 04:21 AM 06:51 AM 09:21 AM 11:52 AM 02:22 PM 04:53 PM 07:23 PM 09:54 PM
General Awareness	इन्टरनेट और सोशल मीडिया के सुरक्षित उपयोग	Hindi	02:02 AM 04:33 AM 07:03 AM 09:34 AM 12:04 PM 02:35 PM 05:05 PM 07:35 PM 10:06 PM
EVS	खेल घर भाग 2	Hindi	02:08 AM 04:39 AM 07:09 AM 09:40 AM 12:10 PM 02:41 PM 05:11 PM 07:42 PM 10:12 PM
बृहस्पतिवार, 26 अक्टूबर 2023 Thursday, 26 October 2023			



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EVS	पाठ - 16 कौन करेगा यह काम?	Hindi/english	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:32 PM 03:03 PM 05:33 PM 08:04 PM 10:34 PM
AAPDA KA SAMNA	Urban Flood-AAPDA KA SAMNA FOR 09-07-2023	Hindi/english	12:25 AM 02:56 AM 05:26 AM 07:57 AM 10:27 AM 12:58 PM 03:28 PM 05:59 PM 08:29 PM 11:00 PM
Hindi	एक दिन की बादशाहत भाग 1	Hindi/english	12:53 AM 03:24 AM 05:54 AM 08:25 AM 10:55 AM 01:26 PM 03:56 PM 06:27 PM 08:57 PM 11:28 PM
EVS	Up You Go	Hindi/english	01:15 AM 03:46 AM 06:16 AM 08:47 AM 11:17 AM 01:48 PM 04:18 PM 06:49 PM 09:19 PM 11:50 PM
English	Malu Bhalu	English	01:39 AM 04:10 AM 06:40 AM 09:11 AM 11:41 AM 02:12 PM 04:42 PM 07:13 PM 09:43 PM
EVS	कैसे पहचाना चींटी ने दोस्त को	Hindi/english	02:14 AM 04:44 AM 07:15 AM 09:45 AM 12:16 PM 02:46 PM 05:17 PM 07:47 PM 10:18 PM
शुक्रवार, 27 अक्टूबर 2023 Friday, 27 October 2023			
Mathematics	पाठ १ -मछली उछली	Hindi	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:32 PM 03:03 PM 05:33 PM 08:04 PM 10:34 PM
General	Bhadrasana	Hindi/english	12:24 AM 02:54 AM 05:25 AM 07:55 AM 10:26 AM 12:56 PM 03:27 PM 05:57 PM 08:28 PM 10:58 PM
General	E-Waste	Hindi/english	12:26 AM 02:57 AM 05:27 AM 07:58 AM 10:28 AM 12:59 PM 03:29 PM 06:00 PM 08:30 PM 11:01 PM
Urban Floods	Urban Flood - शहरी बाढ़ के समय बिजली के झटके से बचें	Hindi/english	12:28 AM 02:58 AM 05:29 AM 07:59 AM 10:30 AM 01:00 PM



			03:31 PM 06:01 PM 08:32 PM 11:02 PM
General	नाड़ीशोधन प्राणायाम	Hindi/english	12:29 AM 02:59 AM 05:30 AM 08:00 AM 10:31 AM 01:01 PM 03:32 PM 06:02 PM 08:33 PM 11:03 PM
Creative Activities Art and Craft	Kaleidoscope	Hindi	12:32 AM 03:03 AM 05:33 AM 08:04 AM 10:34 AM 01:05 PM 03:35 PM 06:06 PM 08:36 PM 11:07 PM
Hindi	एक दिन की बादशाहत भाग 2	Hindi/english	12:38 AM 03:09 AM 05:39 AM 08:10 AM 10:40 AM 01:11 PM 03:41 PM 06:12 PM 08:42 PM 11:13 PM
Mathematics	Book: Math-Magic Chapter 10: Tenth and Hundredths Part III	Hindi/english	01:28 AM 03:59 AM 06:29 AM 09:00 AM 11:30 AM 02:01 PM 04:31 PM 07:02 PM 09:32 PM
English	Gulliver's Travels-I	Hindi/english	01:53 AM 04:23 AM 06:54 AM 09:24 AM 11:55 AM 02:25 PM 04:56 PM 07:26 PM 09:57 PM
English	Who will be Ningthou? Part I	English	02:04 AM 04:35 AM 07:05 AM 09:36 AM 12:06 PM 02:37 PM 05:07 PM 07:38 PM 10:08 PM
शनिवार, 28 अक्टूबर 2023 Saturday, 28 October 2023			
General	E-Waste	Hindi/english	12:00 AM 02:30 AM 05:00 AM 07:31 AM 10:01 AM 12:31 PM 03:02 PM 05:32 PM 08:02 PM 10:33 PM
Mathematics	पाठ २- आकृतियाँ और कोण	Hindi	12:02 AM 02:33 AM 05:03 AM 07:34 AM 10:04 AM 12:34 PM 03:05 PM 05:35 PM 08:05 PM 10:36 PM
Hindi	एक दिन की बादशाहत भाग 2	Hindi/english	12:48 AM 03:18 AM 05:48 AM 08:19 AM 10:49 AM 01:19 PM 03:50 PM 06:20 PM 08:50 PM 11:21 PM



Mathematics	Book: Math-Magic Chapter 10: Tenths and Hundredths Part III	Hindi/english	01:20 AM 03:51 AM 06:21 AM 08:51 AM 11:22 AM 01:52 PM 04:23 PM 06:53 PM 09:23 PM 11:54 PM
General Awareness	Swayam Prabha	Hindi	01:45 AM 04:15 AM 06:46 AM 09:16 AM 11:46 AM 02:17 PM 04:47 PM 07:17 PM 09:48 PM
Storytelling	प्राची की बात	Hindi	01:46 AM 04:16 AM 06:47 AM 09:17 AM 11:47 AM 02:18 PM 04:48 PM 07:18 PM 09:49 PM
General Awareness	Personal Safety	Hindi/english	01:57 AM 04:28 AM 06:58 AM 09:28 AM 11:59 AM 02:29 PM 04:59 PM 07:30 PM 10:00 PM
Creative Activities Art and Craft	Kaleidoscope	Hindi	02:11 AM 04:42 AM 07:12 AM 09:43 AM 12:13 PM 02:43 PM 05:14 PM 07:44 PM 10:14 PM
English	Gulliver's Travels-II	Hindi/english	02:21 AM 04:52 AM 07:22 AM 09:52 AM 12:23 PM 02:53 PM 05:24 PM 07:54 PM 10:24 PM
रविवार, 29 अक्टूबर 2023 Sunday, 29 October 2023			
HEALTH EDUCATION	कोविड-19 हम सब मिलकर कोविड-19 से लड़ सकते हैं	Hindi	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:00 PM 10:30 PM
Creative Activities Art and Craft	नाटक खेलना आसान है (पोशाकें और अभ्यास)	Hindi	12:02 AM 02:32 AM 05:02 AM 07:32 AM 10:02 AM 12:32 PM 03:02 PM 05:32 PM 08:03 PM 10:33 PM
Storytelling	अपनी अपनी चौखट -चंदा का चाँद	Hindi	12:37 AM 03:07 AM 05:37 AM 08:07 AM 10:38 AM 01:08 PM 03:38 PM 06:08 PM 08:38 PM 11:08 PM
General	उष्रासन	Hindi/english	01:36 AM 04:06 AM 06:36 AM 09:06 AM 11:36 AM 02:06 PM 04:36 PM 07:06 PM 09:36 PM
HEALTH EDUCATION	स्वस्थ बढ़ना	English	01:39 AM 04:09 AM 06:39 AM 09:09 AM 11:39 AM 02:09 PM 04:39 PM 07:09 PM 09:39 PM



General Awareness	Personal Safety	Hindi/english	01:43 AM 04:13 AM 06:43 AM 09:13 AM 11:43 AM 02:13 PM 04:43 PM 07:13 PM 09:43 PM
Storytelling	दान का हिसाब	Hindi	01:57 AM 04:27 AM 06:57 AM 09:27 AM 11:57 AM 02:28 PM 04:58 PM 07:28 PM 09:58 PM
EVS	कहानी सँपेरों की भाग 1	Hindi/english	02:19 AM 04:49 AM 07:19 AM 09:49 AM 12:19 PM 02:50 PM 05:20 PM 07:50 PM 10:20 PM
सोमवार, 30 अक्टूबर 2023 Monday, 30 October 2023			
General	भुजंगासन	Hindi/english	12:00 AM 02:30 AM 05:00 AM 07:31 AM 10:01 AM 12:31 PM 03:02 PM 05:32 PM 08:03 PM 10:33 PM
Mathematics	पाठ १ -मछली उछली	Hindi	12:03 AM 02:34 AM 05:04 AM 07:34 AM 10:05 AM 12:35 PM 03:06 PM 05:36 PM 08:06 PM 10:37 PM
Creative Activities Art and Craft	How Water Is Raised Inside The Glass	English	12:26 AM 02:57 AM 05:27 AM 07:57 AM 10:28 AM 12:58 PM 03:29 PM 05:59 PM 08:29 PM 11:00 PM
Hindi	एक माँ की बेबसी	Hindi/english	12:35 AM 03:06 AM 05:36 AM 08:06 AM 10:37 AM 01:07 PM 03:37 PM 06:08 PM 08:38 PM 11:09 PM
Cultural Heritage	सांझी कला	Hindi/english	12:59 AM 03:29 AM 06:00 AM 08:30 AM 11:01 AM 01:31 PM 04:01 PM 06:32 PM 09:02 PM 11:32 PM
Mathematics	Book: Math-Magic Chapter 10: Tenths and Hundredths Part I	Hindi/english	01:26 AM 03:56 AM 06:27 AM 08:57 AM 11:28 AM 01:58 PM 04:28 PM 06:59 PM 09:29 PM 11:59 PM
English	Around the World- Part 1	Hindi/english	01:56 AM 04:27 AM 06:57 AM 09:27 AM 11:58 AM 02:28 PM 04:59 PM 07:29 PM 09:59 PM



EVS	कहानी सँपेरों की भाग 2	Hindi/english	02:24 AM 04:54 AM 07:24 AM 09:55 AM 12:25 PM 02:55 PM 05:26 PM 07:56 PM 10:27 PM
मंगलवार, 31 अक्टूबर 2023 Tuesday, 31 October 2023			
Mathematics	पाठ २- आकृतियाँ और कोण	Hindi	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:31 PM 03:01 PM 05:31 PM 08:01 PM 10:31 PM
Hindi	एक माँ की बेबसी	Hindi/english	12:46 AM 03:16 AM 05:46 AM 08:16 AM 10:47 AM 01:17 PM 03:47 PM 06:17 PM 08:48 PM 11:18 PM
Mathematics	Book: Math-Magic Chapter 10: Tenths and Hundredths Part II	Hindi/english	01:10 AM 03:40 AM 06:10 AM 08:40 AM 11:11 AM 01:41 PM 04:11 PM 06:41 PM 09:11 PM 11:42 PM
Storytelling	पर यह है कहाँ-१	Hindi	01:45 AM 04:15 AM 06:45 AM 09:15 AM 11:45 AM 02:16 PM 04:46 PM 07:16 PM 09:46 PM
English	Around the World- Part 2	Hindi/english	01:56 AM 04:27 AM 06:57 AM 09:27 AM 11:57 AM 02:27 PM 04:58 PM 07:28 PM 09:58 PM
EVS	कैसे पहचाना चींटी ने दोस्त को	Hindi/english	02:14 AM 04:45 AM 07:15 AM 09:45 AM 12:15 PM 02:46 PM 05:16 PM 07:46 PM 10:16 PM

